



GINGER SPICE HEALTH, LLC

Questions to ask your insurance (commercial) at verification

**Payment for services is ultimately your responsibility.
Keep your insurance card on hand and call the 1-800 number at
the back of the insurance card.**
**Instead of calling your insurance, sometimes you could even
request these benefits via email.**

**1. Is Ginger Spice Health, LLC (or my provider-
Priyanka Sagar) showing in-network under
my policy? Y___ N___**

(In case they ask, our NPI numbers -
NPI 1/practitioner NPI: 1760019061
NPI 2/ company NPI:1518574854)

**2. Does my plan cover “nutrition counseling”
or “Medical Nutrition Therapy”, procedure
codes 97802 and 97803? (If not, ask for
S9470 -not very common)**

**3. Is nutrition counseling covered as a
preventive benefit? -----**

**If yes, which conditions or diagnoses are
covered? (pick what applies to you)**

- Dietary counseling and surveillance- Z71.3
- Prediabetes - R73.03
- Hypertension - I10
- Hyperlipidemia - E78.5
- Overweight - E66.3
- Obesity - E66.9
- Morbid Obesity - E66.01

**4. Is nutrition counseling covered when
provided via telehealth? Y___ N___**

**5. My benefit year runs from_____ to
_____**

**6. How many visits are allowed in the benefit
year?_____**

**Please OBTAIN at the end of the call (VERY
IMPORTANT):**

Representative name:_____

Date of call:_____

Call reference #:_____

(These questions are provided as a courtesy to help you determine if nutrition counseling may be covered by your insurance provider. Having these questions addressed by your insurance provider's member services does not guarantee coverage.)

612-756-9894

<https://www.gingerspicehealth.com/>

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